LKA COMMUNITY NEWS MARCH 2024

DATES TO REMEMBER:

March 10th - Start of Daylight-Saving Time
March 10th - Start of Ramadan at sundown

March 15th - Ides of March
March 17th - St. Patrick's Day
March 19th - Spring Equinox
March 24th - Palm Sunday
March 29th - Good Friday
March 31st - East Sunday

HAPPENING AROUND THE KNOLL

March 10th - Miller Place/Rocky Point St. Patrick's Day Parade - 1:00 pm

March 16th - St. Patrick's Day Party - 6:00 pm - Rec Center

REMINDERS

If you are a homeowner who is selling their home, please remember that you will require paperwork from Leisure Knoll before going to closing. This process takes a minimum of two weeks so please, notify the LKA Administration Office in a timely manner to avoid delays to your closing date.

Daylight-Saving Time - Time to Spring Ahead - Don't forget to set your clocks ahead one hour.

BOARD OF DIRECTORS

PSEG work in the community is reaching completion. Rolling power outages will be completed by the first week in March.



Metro Physical and Aquatic Therapy will be in the Recreation Center on Tuesday, April 23rd at 2:00 pm. Residents can learn new ways to AGE TO PERFECTION.

Some topics of discussion will include:
 Laughing Yoga
 Task Training for Cognition
 Pelvic Health Exercises
 Fall Presentation
 Gait and Balance Exercises
 Speech Therapy Exercises

If you are interested in attending, please call the LKA Administration Office at 744-6000

"Spring: A lovely reminder of how beautiful change can truly be."

